

# Baileywick Bylines

November 9, 2009 volume 1 number 11



## Important Dates

**Nov. 9:** 4th grade Haiku workshop  
**Nov. 9:** BAC meeting, 5:30 pm  
**Nov. 11:** Veteran's Day, no school  
**Nov. 12:** 3rd grade homework workshop, 6:30-7:45  
**Nov. 13:** Spirit Day  
**Nov. 13:** Kuniko Yamamoto, "Origami Tales" 1:30 & 2:30  
**Nov. 13:** Movie Night, 7:00  
**Nov. 16:** School Store  
**Nov. 19:** Family Night Out, TBD  
**Nov. 22:** Wake PTA 5K Run/Walk- 3:30-NCSU Centennial Campus  
**Nov. 25-29:** Thanksgiving Break  
**Nov. 30:** School Store

## Supporting and Empowering the Family: One Day at a Time."

- presented by Kathy Honeyman, Integrated Healthcare, llc and Wake SEPTA  
Thursday, November 19  
Kresge Auditorium  
Cate Center, Meredith College  
7:00p.m.

Some talking points include:

- Parents taking time for themselves;
- Parents taking time for the marital relationship;
- Impact on siblings;
- Encouraging competence for your special needs child;
- Impact on grandparents;
- Value of respite

The Wake County Special Education PTA

is a unique countywide PTA designed to focus on special needs children in Wake County Public Schools. For more information and to become a member visit [www.wakesepta.org](http://www.wakesepta.org)

## Building Competence in Your Child

Dee Bostick, Counselor

*"Never do for a child what he can do for himself."*

Parents help their child develop a positive view of self not only by providing their child with love and unconditional acceptance, but also by helping their child feel competent and capable. Parents help their child feel competent and capable by first allowing the child to experience what it is like to discover and problem-solve. Parents show faith in their child and their child's capabilities by allowing him to struggle with a problem, all the while providing encouragement (encouragement is different from praise). For most parents, allowing children to struggle is hard-but a necessary process for children to truly feel capable. The next step in helping a child develop a positive view of self as competent is learning to respond in ways that give children credit for ideas, effort, and accomplishments, without praising.

## Esteem Building Responses

"You did it.."

"You figured it out."

You like the way that turned out."

"You decided. . . :

Example: Child works and works to get a lid off of something and finally gets it off .

Parent's response- "You did it."

Example: Child draws a picture and shows it to you with a smile on his face.

"You liked the way that turned out."

Example: Child is making a building out of legos.

"You have a plan for how you want that to look."

These are all examples of encouragement, which means give courage to.

Encouragement focuses on internal evaluation –it facilitates development of self-motivation and self-control. Encouraging parents teach their children to accept their own inadequacies, learn from mistakes, have confidence in themselves and feel useful through contribution. If your child made a 3 in math which is a hard subject for him, an encouraging remark would be, "You must be proud for how you brought your grade up in math!"

Encouragement is different from praise in that encouragement gives the child an opportunity to self-evaluate where praise is the adult's evaluation of the child. When a child learns to self-evaluate, you will see him be able to work more independently and have a better understanding of himself.

In summary, encouragement is

1. Valuing and accepting children as they are.
2. Pointing out the positive aspects of behavior.
3. Showing faith your child, so he can come to believe in himself.
4. Recognizing effort and improvement (rather than requiring achievement).
5. Showing appreciation for your child's accomplishments.

Adapted from Dinkmeyer, D., and McKay, G.D. The Parent's Handbook..

**Responsibility Respect Courage Kindness Self-Discipline  
Integrity Perseverance Good Judgment**

## Character Trait: Courage

Alex Schray, Character Education



As a child, one of my favorite movies was the “Wizard of Oz”. I really enjoyed watching Dorothy courageously move forward and meet new people on her adventure to achieve her goal of returning home. Most of you remember the Cowardly Lion. He was looking for Courage, because who ever heard of a cowardly lion? When asked by Dorothy what he wanted from the Wizard, this was his response:

Courage! What makes a king out of a slave? Courage! What makes the flag on the mast to wave? Courage! What makes the elephant charge his tusk in the misty mist, or the dusky dusk? What makes the muskrat guard his musk? Courage! What makes the sphinx the seventh wonder? Courage! What makes the dawn come up like thunder? Courage! What makes the Hottentot so hot? What puts the "ape" in apricot? What have they got that I ain't got?

Many other truly famous, not fictional, characters have said how important courage really is. It is the character trait that other traits build upon. It is the character trait that makes one stand up for one's beliefs and what is truly important in life. It is the character trait that builds a child's self esteem and makes them who they are. It is the character trait that made Dorothy a Leader.

Help your child become the best that he/she can be.

Please share these quotes about courage with your children:

### **Martin Luther King, Jr.**

*If you lose hope, somehow you lose the vitality that keeps life moving, you lose that courage to be, that quality that helps you go on in spite of it all. And so today I still have a dream.*

### **Winston Churchill**

*Courage is the first of human qualities because it is the quality which guarantees all others. Courage is going from failure to failure without losing enthusiasm.*

*Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.*

### **Dan Rather**

*Courage is being afraid but going on anyhow.*

### **Theodore Roosevelt**

*It is only through labor and prayerful effort, by grim energy and resolute courage, that we move on to better things in life... Speak softly but carry a big stick.*

It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena who strives valiantly, who errs and comes short again and again, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause, who at best knows achievement and who at the worst if he fails at least fails while daring greatly so that his place shall never be with those cold and timid souls who know neither victory nor defeat.

### **Erma Bombeck**

*It takes a lot of courage to show your dreams to someone else.*

### **Maya Angelou**

*One isn't necessarily born with courage, but one is born with potential. Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest.*

### **Ralph Waldo Emerson**

*Whatever you do, you need courage. Whatever course you decide upon, there is always someone to tell you that you are wrong. There are always difficulties arising that tempt you to believe your critics are right.*

### **Walt Disney**

*All our dreams can come true, if we have the courage to pursue them.*

**Counselor Tip:** The worth of a child is not measured by a report card.

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## Movie Night at Baileywick

Amy Wilson, PTA President

Students voted, and the winner is... "UP." Please join us for Movie Night, Fri., Nov. 13, showtime 7:00 pm. Bring your chairs, blankets and pillows! Popcorn is free, drinks and candy will be for sale.

## Reflections: "Beauty Is...."

Sandra Bettenahusen

Congratulations to all of the students who submitted Reflections entries. There were wonderful photographs, beautiful paintings, and dramatic dance choreography! We are so proud of all our student artists. Please congratulate the following students who submitted entries: Elijah Gray, Ethan de'Marsai, Phillip Chvosta, Anna Kopetsky, Taylor Scott, Erin Cutler, Adam Chalgren, Sarah Keller, Campbell Gibbs, Allison Bettenhausen, Kristen Noga, Will Yount, Ethan Challgren, Samuel Gray, Sarah Brooks, Noah Tran, Colleen Morgan, Lila Rubin, Ross Petersen, Robin Petersen, and Victoria Tran. An announcement will be coming soon with the names of those students whose artwork will be moving up to the county level competition.

## Pre-K AU Needs Your Help!!

Mary Kate Humphrey, PreK AU Teacher

Many of the tasks we use with our students are made with items that people may think of as trash. ☺ These are the kinds of items we can use if you have any to spare. We take new and used items:

- Shoe boxes and other similar boxes for self contained tasks
- Different sized cans, preferably with lids
- Old calendars
- Different sized bowls both with and without lids
- Any old clothes, towel, and washcloths
- Used games and/or game pieces
- Different sized soft drink bottles and milk jugs
- Any toys (especially preschool or kindergarteners)
- Old tape cassette and case/ VCR/CD/DVD and case
- Any nuts/bolts (real ones, PVC pipe screws)
- Any books (especially board books)
- DRESS UP CLOTHES (especially for boys)

We are currently looking for dress up clothes and costumes along with any toys. We gladly take any toys/books when your child grows out of them! You can drop off any donations to Room 200 or place in my mailbox. Thanks so much for your help!!



## What's For Lunch?

Tues., 11/10: Chicken tenders w/roll, toasted cheese sandwich, whole kernel corn, seasoned green beans, chilled pears, fresh fruit.

Thur. 11/12: Tex Mex tacos w/chips or soft shell and salsa, veggie Hot pocket w/marinara, shredded lettuce & diced tomato, chilled peaches, seasoned veggie blend, fresh fruit.

Fri. 11/13: Hot Dog in bun w/chili, cheese enchiladas, baked French fries, baked banes, creamy cole slaw, fresh fruit.

Mon. 11/16: Cheese pizza, oven baked chicken w/roll, chilled pears, corn on the cob, fresh fruit.

**Responsibility   Respect   Courage   Kindness   Self-Discipline**  
**Integrity   Perseverance   Good Judgment**

**Save the Dates!**  
**Barnes & Noble Book Fair**  
Thursday, Friday & Saturday  
December 3rd, 4th and 5th  
Barnes & Noble  
Brier Creek



*See Baileywick Student artwork...Do your holiday shopping with your Scrip card...Get your picture taken with Bailey the Bulldog...Polar Express Storytime Friday at 7:00pm...Call Amy Wilson at 866-0114 for more information*

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### **Ann Longrie, Cultural Arts Chair**

#### Baileywick Journeys to Japan

This week Baileywick students will journey to Japan, at least in mind and spirit! On Friday Kuniko Yamamoto will treat students to her performance “**Origami Tales**”. Ms. Yamamoto is a native of Japan where she grew up studying and performing traditional theater and dance. She has performed throughout the United States including at The Kennedy Center in Washington D.C. and the Disney Epcot Japanese Pavilion.

Using origami, music and audience participation, storyteller Kuniko Yamamoto will provide a magical entry into Japanese culture and the art of simplicity. In “Origami Tales”, mythological character masks and puppets, amazing flowers and a six-foot-long dragon—all made from origami—set the stage while Kuniko shares heartfelt stories from ancient Japan.

Parents are welcome to help seat the students and enjoy the performance. Performances are at 1:15 (K-2) and 2:30 (3-5).

Fourth grade students will experience a bit of Japan before the rest of us on Monday this week. Richard Krawiec, a local author and Baileywick writer-in-residence, is leading a **Haiku workshop** for fourth graders. Haiku is a short poem intended to express and evoke the emotions with seventeen syllables, reflecting the Japanese virtue of simplicity. He is bringing this workshop to Baileywick as part of his work with the Duke University East Asian and Pacific Studies Department.

Thank you Baileywick parents, teachers and staff for your generous contributions to the Baileywick PTA. Your contributions make it possible to bring quality performers and writers to Baileywick. The Cultural Arts program is also supported by grants from the United Arts Council of Raleigh and Wake County.

Ari-gatou! Thank you!

### **Together in Education Nights with the Carolina Hurricanes**

#### Sharon Schneier, VP, PTA

Baileywick PTA is partnering with the Carolina Hurricanes again this year to offer tickets through Together in Education at a great price AND to raise money for our PTA! This year every student who sells a minimum of 4 tickets will receive a Carolina Hurricanes Harris Teeter Gift Package, which includes a nylon backpack, hat, rubber puck, water bottle and pencil and pen (on display in the school lobby.) The top selling class will receive an Ice Cream Party courtesy of Harris Teeter. Lastly, anyone that sells tickets will be entered in a drawing for an 8" stuffed "Stormy."

Order forms are due back Fri., November 20th. Please fill out all the info completely and legibly. The tickets will be mailed directly to the purchaser. There must be a complete address on the form. Game nights are:

Thurs., January 28th at 7:00, vs. the New York Islanders

Thurs., February 11th at 7:00, vs. the Buffalo Sabres

Thurs., March 16th at 7:00 vs. the Boston Bruins

*Lower level tickets are \$50; Baileywick receives \$10*

*Upper level tickets are \$30; Baileywick receives \$7*

Thanks for your support!

Next issue Nov. 16, submissions due Nov. 11 to [hohnee@yahoo.com](mailto:hohnee@yahoo.com). Vicky Rubin, Editor  
Featured Writer: Amy Wilson